



# Healthworks

the community health charity

The Health Resource Centre, Adelaide Terrace, Newcastle upon Tyne NE4 8BE  
Tel: 0191 272 4244

## Health Improvement Practitioner – Community Wellbeing Pathfinder Job Description

<b>Contract</b>	Up to 37 hours per week. Occasional Evenings (up to 8pm) and Saturdays (9am – 1pm)  Permanent
<b>Salary</b>	£25,069.72
<b>Reporting to:</b>	Health Improvement Senior Manager
<b>Accountable to:</b>	CEO

As a **Community Wellbeing Pathfinder**, you will play a vital role in supporting individuals and communities to improve their overall wellbeing. You will work with residents living in some of Newcastle's most deprived wards, focusing on prevention and early intervention. You will provide brief advice, short and longer interventions, and signposting or referrals to help clients access the support they need. Areas of support include:

- Housing
- Lifestyle (nutrition, physical activity, smoking, alcohol)
- Finances
- Work and employment
- Social isolation
- Emotional wellbeing
- Managing health symptoms and long-term conditions

You will provide one-to-one, personalised support, helping individuals identify their priorities and address the wider factors affecting their wellbeing. Using a holistic, person-centred approach, you will support people to build confidence, develop practical skills, and connect with appropriate services to improve their quality of life.

This is a dynamic and varied role, working across community settings to deliver face-to-face and telephone-based support, attend outreach and drop-in sessions, and

collaborate with local partners. The role recognises that wellbeing is shaped by a range of social, emotional, and practical factors, and supports individuals in a flexible, inclusive, and non-judgemental way.

### **Main Duties and Responsibilities**

The following list outlines typical duties for this role. It is not exhaustive, and the post holder may be required to undertake other duties appropriate to the post.

- Deliver one-to-one wellbeing support to individuals,, building trusted and supportive relationships
- Co-produce personalised wellbeing plans based on individuals strengths, needs, and priorities
- Support individuals to identify and overcome barriers to improving their wellbeing
- Deliver support flexibly at Healthworks centres, in community venues, through outreach locations, or by phone
- Support individuals to access and engage with local services, community groups, and statutory agencies
- Maintain strong local knowledge of community resources to effectively signpost and support individuals
- Maintain a visible community presence through outreach and drop-in sessions
- Work collaboratively with colleagues and partner organisations to support joined-up responses to wellbeing needs
- Accurately record and monitor work using Healthworks digital case management systems
- Manage associated documentation and contribute to reporting when required
- Communicate effectively with service users and stakeholders, including through digital platforms where appropriate
- Comply with all Healthworks policies and procedures, with a strong commitment to inclusive and anti-discriminatory practice
- Participate in relevant training, supervision, and development opportunities

### Person Specification

<b>Job title:</b>	<b>Health Improvement Practitioner – Community Wellbeing Pathfinder</b>	
<b>Specification</b>	<b>Essential</b>	<b>Desirable</b>
<b>Qualifications</b>	<ul style="list-style-type: none"> <li>• NVQ Level 3 in a relevant subject</li> </ul>	<ul style="list-style-type: none"> <li>• Degree in relevant subject</li> </ul>
<b>Experience and knowledge</b>	<ul style="list-style-type: none"> <li>• A minimum of 2 years experience of working or volunteering with local communities</li> <li>• Experience of supporting individuals on a one-to-one basis or experience in supporting individual in a group setting</li> </ul>	<ul style="list-style-type: none"> <li>• Knowledge of community engagement / development</li> <li>• Experience of motivational interviewing</li> <li>• Experience of group work</li> <li>• Knowledge of the barriers individuals face with regards to lifestyle change</li> </ul>
<b>Skills and abilities</b>	<ul style="list-style-type: none"> <li>• A good level of IT skills including Microsoft Office</li> <li>• Ability to communicate with people at all levels</li> <li>• Ability to communicate verbally and in writing</li> <li>• Good listening skills</li> <li>• Excellent organisational and time management skills</li> <li>• Motivational coaching and interview skills</li> <li>• Data collection and monitoring</li> </ul>	<ul style="list-style-type: none"> <li>• Data outcome entry</li> <li>• Good networking skills</li> <li>• Good presentation skills for speaking to groups</li> </ul>
<b>Personal attributes</b>	<ul style="list-style-type: none"> <li>• To be able to work collaboratively</li> <li>• Solution focused</li> <li>• Ability to use own initiative</li> <li>• Enthusiastic</li> <li>• Non-judgemental</li> </ul>	<ul style="list-style-type: none"> <li>• Understands the benefits of leading a healthy lifestyle</li> </ul>
<b>Other requirements</b>	<ul style="list-style-type: none"> <li>• Committed to equal opportunities</li> <li>• Recognises the need for confidentiality</li> </ul>	<ul style="list-style-type: none"> <li>• Full driving licence and use of car</li> </ul>