



usefulvision

April - May - June 2025

**Activities for visually impaired
children across the North East**



www.usefulvision.org.uk

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30 Healthworks
CELEBRATING 30 YEARS

A Message from Paul Court, Chief Executive

Useful Vision is now part of Healthworks!
We warmly welcome the team and all families to our wider Healthworks community.

Living with visual impairment brings challenges but also opportunities for growth. At Healthworks, we believe every child deserves to thrive. That's why we're excited to offer inclusive, family-friendly events designed for visually impaired children and their loved ones.

This booklet is your guide to fun, accessible activities where families can bond, explore, and connect. Keep it handy, and join us on these exciting adventures! If you have any ideas or suggestions for future activities, we'd love to hear them, just drop us a line usefulvision@hwn.org.uk.

Warm wishes,
Paul

Events at a glance...

April:

- | | |
|--------------|--|
| Sunday 13 | The Art Room |
| Wednesday 16 | Dinosaur World Live |
| Wednesday 23 | A morning in the life of a Firefighter |

May:

- | | |
|-------------|---------------------------------|
| Saturday 17 | Arcade Warehouse |
| Tuesday 27 | Whitehouse Farm |
| Thursday 29 | Beacon of Light Sports and Play |
| Friday 30 | Newcastle Trampoline Park |

June:

- | | |
|-------------|--------------------------------|
| Saturday 7 | Behind the Magic Door |
| Saturday 14 | Ramseys Theatre Stars |
| Sunday 22 | Adapted Bikes and Sensory Room |
| Saturday 28 | Kids Kitchen |

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How to book

Get in touch with our friendly team via one of the following options.

Once you have booked, you will receive a confirmation email and you will be sent a text message reminder nearer the activity.

CALL: 0191 264 1959

EMAIL: usefulvision@hwn.org.uk

ONLINE: usefulvision.org.uk/events

www.usefulvision.org.uk

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If you need to cancel

We appreciate sometimes you may be unable to attend your booked activity.

We often have long waiting lists for each activity so please let us know at the earliest opportunity if you need to cancel. We can then offer this space to another family.

To cancel please text or call
07544301166 or email

usefulvision@hwn.org.uk

www.usefulvision.org.uk

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The Art Room

**13
April**

Day: Sunday

Date: 13 April

Time: 10am



All ages

Useful Vision are delighted to be returning to the Art Room for some Seasonal arts'n'crafts! Join Useful Vision, for a morning of spring themed creations, along with some light refreshments.

Where: Venue TBC

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Dinosaur World Live

16
April

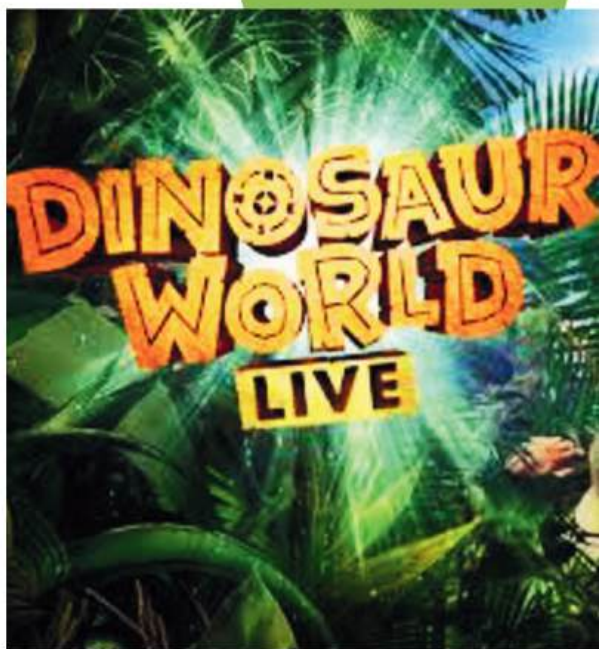
Day: Wednesday

Date: 16 April

Time: 11am

Arrive: 10.50am

Age 3+



Useful Vision invite you to this “roarsome” interactive show! During this fun and entertaining Jurassic adventure, we will be exploring uncharted territories to discover a pre-historic world of astonishing dinosaurs.

**Where: Gala Theatre Durham,
Millennium Place, Durham, DH1 1WA**

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Morning in the Life of a Firefighter

23
April

Day: Wednesday

Date: 23 April

Time: 10.30am

All ages



Priority will be given to those who could not secure places at our last event.

Back by popular demand - find out about a morning in the life of a firefighter. There will be a chance to look inside the fire engines, around the fire station and to meet fire fighters who will guide us through their morning routines.

**Where: Pegswood Community Fire Station,
Pegswood, Northumberland, NE61 6SJ**

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The Arcade Warehouse

17
May

Day: Saturday

Date: 17 May

**Time: 11am to
1pm**

All ages



Get locked and loaded for some retro and modern Gaming FUN – all equipment is set to FREE PLAY once inside.

Whether you want to relive your youth with retro arcades, try something new with VR and E-Sports computers or have fun with the family.

**Where: The Arcade Warehouse, Unit 39A,
Royal Quays, North Shields. NE29 6DW**

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Whitehouse Farm

27
May

Day: Tuesday

Date: 27 May

Time: 10am



All ages

Join Useful Vision for a lovely fun filled family day at Whitehouse Farm. There is lots to do from animal feeding, tractor rides, playgrounds, jumping pillows, soft plays and much more!

**Where: Whitehouse Farm, Morpeth,
Northumberland, NE61 6AW**

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Beacon of Light Sports and Play

29
May

Day: Thursday

Date: 29 May

**Time: 10am to
12pm**

Age 5+



Join our Sports and Play morning. Led by fully trained Foundation of Light staff, sessions include Parachute activities, team games, ball skills, Table Tennis, Botcha and much more! All activities are specifically designed to suit our children's individual needs and sensory free play activities and the Sensory Room will be available to use throughout.

**Where: Beacon of Light, Stadium Way,
Monkwearmouth, Sunderland, SR5 1SN**

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Newcastle Trampoline Park

30
May

Day: Friday

Date: 30 May

**Time: 11am to
12pm**

Age 18 months +



Useful Vision invite you to join us at Newcastle Trampoline Park for a 1 hour exclusive bounce session this half term! You will be free to enjoy the free floor jump area, airbag, target arena and running walls. Please Note:

- The park is suitable for all abilities.
- Under 5's must be accompanied 1:1

**Where: Newcastle Trampoline Park and
Gym, West Road, Newcastle, NE4 9LG**

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Behind the Magic Door

7
June

Day: Saturday

Date: 7 June

**Time: 10.30am
to 12pm**

All ages



Join Useful Vision at “Behind the Magic Door” where imagination and relaxation meet. In this vibrant, calming and stimulating environment of sensory wonder there is an enchanting, magical jungle with an array of engaging elements to explore all designed to captivate the senses.

**Where: Stocksfield Hall Business Park,
Unit 4a, Suite 1, Stocksfield, NE43 7TN**

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Ramsey's Theatre Stars

14
June

Day: Saturday

Date: 14 June

Time: 2.30pm

Age 5+



Useful Vision are delighted to invite you to Ramsey's Theatre Stars where you will become the star of your own show. There will be games, entertainment, sensory activities and much more.

**Where: Ramsey's Theatre Stars, 103
Howard Street, North Shields, NE30 1NA**

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Adapted Bikes and Sensory Room

22
June

Day: Sunday

Date: 22 June

**Time: 10.30am
to 12.30pm**

All ages



Designed to help those with additional needs, Newburn Activity Centre have a range of adaptable and accessible bikes. Come to this 2 hour “come and have a go” session and see which ones you like best! The bikes can be enjoyed in the sports hall or outdoors in the grounds. The sensory room will also be available exclusively for our use.

Where: Newburn Activity Centre, Grange Road, Newburn, Newcastle, NE15 8ND

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Kids Kitchen

28
June

Day: Saturday

Date: 28 June

**Time: 10.30am
to 12pm**

Age 0 to 12



Join us to get creative in the kitchen. We will be working with fresh ingredients to make some delicious treats with Kids Kitchen.

**Where: St. Johns Methodist Church,
Whitley Bay, NE25 3ND**

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Useful Vision Activities

The trips and activities we organise are designed to meet the needs of visually impaired children of all abilities, whilst at the same time offering an enjoyable experience for siblings, parents and carers.

Supporting Useful Vision

Could you help us us raise vital funds so that visually impaired children can continue enjoying amazing experiences?

We are fundraising to enable us to offer the best possible experience for visually impaired children and their loved ones. Every penny counts, and all of the money we raise will be spent to achieve this.

How you can help

There are a many ways you can help us:

- **Great North Run 2025:** Our team is running to raise funds - you can make a donation to support them.
- **Easy Fundraising:** Shop online, and retailers donate at no extra cost to you.
- **Leave a gift in your will:** Legacies help us make a real difference to visually impaired children and their families.
- **Fundraise for us:** If you are hosting a fundraising event or challenge - please get in touch we'd love to hear from you!
- **Donation tins:** Have a shop or business? Perhaps you could host a donation tin or card reader for us?

Find out more about getting involved:

Email usefulvision@hwn.org.uk or

Scan the code



Useful Vision is now part of Healthworks

Healthworks believes that everyone, regardless of the challenges they face - low income, unemployment or poor housing, should have the same opportunity to live in good health.

Healthworks offers a range of services and activities that support people of all ages across the North East to live longer, healthier and happier lives.

For more information:

Call: 0191 272 4244

Follow us on social media

Visit www.healthworksne.org.uk

Scan the code to find an activity





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0191 264 1959

www.usefulvision.org.uk

usefulvision@hwn.org.uk

The Lemington Centre,

Tyne View,

Newcastle, NE15 8RZ



**Book an
activity**

Support us
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