

Amazing Start Volunteer

Role Description

You must be:

- an individual who has a positive attitude to supporting families
- a parent who has a breastfeeding experience and who has a positive attitude to breastfeeding
- willing to take part in our volunteer training course
- willing to complete a DBS check
- willing to attend safeguarding training
- willing to attend regular peer support networking/update sessions
- willing to commit to ongoing progression training on a regular basis

You also need:

- to be enthusiastic about supporting families in the antenatal period
- to be enthusiastic about breastfeeding and breastfeeding support
- to adhere to the UNICEF Baby Friendly Initiative Standards
- to uphold the code of marketing of infant milks in connection with these standards
- to be caring and non judgemental
- to be able to work well as part of a team
- to be a good communicator
- to be accepting and understanding towards people from different social, religious, ethical and cultural backgrounds
- to be reliable and adaptable

This role includes the following:

- to promote good attitudes to pregnancy and parenting in a friendly and sensitive manner
- to promote breastfeeding in a friendly and sensitive manner
- to report feedback, e.g. reporting concerns to the named safeguarding lead
- to maintain the confidentiality of individuals unless safeguarding issues arise
- to communicate with your organisation and health professionals
- to be aware of health and safety issues including environmental risks and infection control
- to take part in the evaluation of training and of the Antenatal Support Project
- to offer support and encouragement to women and their families as requested by a health promotion practitioner, health professional, partnership organisation or by the mother herself



Main office: Adelaide Terrace, Benwell, New castle upon Tyne, NE4 8BE Tel: 0191 272 4244
Registered Charity no: 1040370 / Company Ltd by Guarantee no: 2952583 VAT registration: 621476746

Patron: Professor Sir Michael Marmot

www.healthworksnewcastle.org.uk

- to offer support and encouragement to breastfeeding women and their families as requested by a coordinator, health practitioner or by the mother herself

Amazing Start Volunteers have many opportunities within Children and Families Newcastle and Partnership settings. These include:

- to volunteer alongside the Amazing Start practitioners and health professionals
- to help to create a welcoming and friendly environment in different settings
- to maintain a welcoming environment for breastfeeding mothers and their families
- to welcome new and existing mothers and their families
- to support families to achieve their own personal goals linked to isolation, building good parent baby relationships and engaging in the community amongst other needs

Amazing Start Volunteers **will not**:

- diagnose or offer treatment advice – this should **always** be done by an appropriately qualified health practitioner
- take on extra responsibilities outside of the role description – as a peer supporter you are aiming to encourage and to support, you should not be tempted to lend money, to offer childcare, to change nappies or to encourage other mums to become dependent on your support



Main office: Adelaide Terrace, Benwell, New castle upon Tyne, NE4 8BE Tel: 0191 272 4244
Registered Charity no: 1040370 / Company Ltd by Guarantee no: 2952583 VAT registration: 621476746

Patron: Professor Sir Michael Marmot

www.healthworksnewcastle.org.uk