

# Family support and advice services

- Amazing Start Antenatal and Breastfeeding

Healthworks has a dedicated team that works Citywide to provide Amazing Start Services: <https://www.healthworksnewcastle.org.uk/service/antenatal-breastfeeding-support/>

- Children and Families Newcastle

Help and support for children aged 0-19 <https://www.newcastle.gov.uk/services/care-and-support/children/getting-help-children-and-families/children-families-newcastle-0>

- Information Now <https://www.informationnow.org.uk/>

Online information about services for people who live in Newcastle

- Action for Children <https://www.actionforchildren.org.uk/>

- Barnardos <https://www.barnardos.org.uk/>

- Children North East <https://www.children-ne.org.uk/>

- Free and Emergency Food <https://www.informationnow.org.uk/article/food-banks-in-newcastle/>

- Benefit Advice <https://newcastle.gov.uk/services/welfare-benefits>

- Search Services for over 50's <http://www.searchnewcastle.org.uk/>

- Riverside Community Health Project <http://www.riversidechp.co.uk/>

- Citizens Advice Bureau (CAB) <http://www.citizensadvice-newcastle.org.uk/>

## **Energy Advice:**

- Ofgem <https://www.ofgem.gov.uk/information-consumers/energy-advice-households>

- Energy Savings Trust <https://energysavingtrust.org.uk/energy-at-home/>

- Newcastle City Council <https://www.newcastle.gov.uk/services/environment-and-waste/energy-advice>

- CAB <http://www.citizensadvice-newcastle.org.uk/services/energy-advice>

- Government Green Deal <https://www.gov.uk/green-deal-energy-saving-measures>