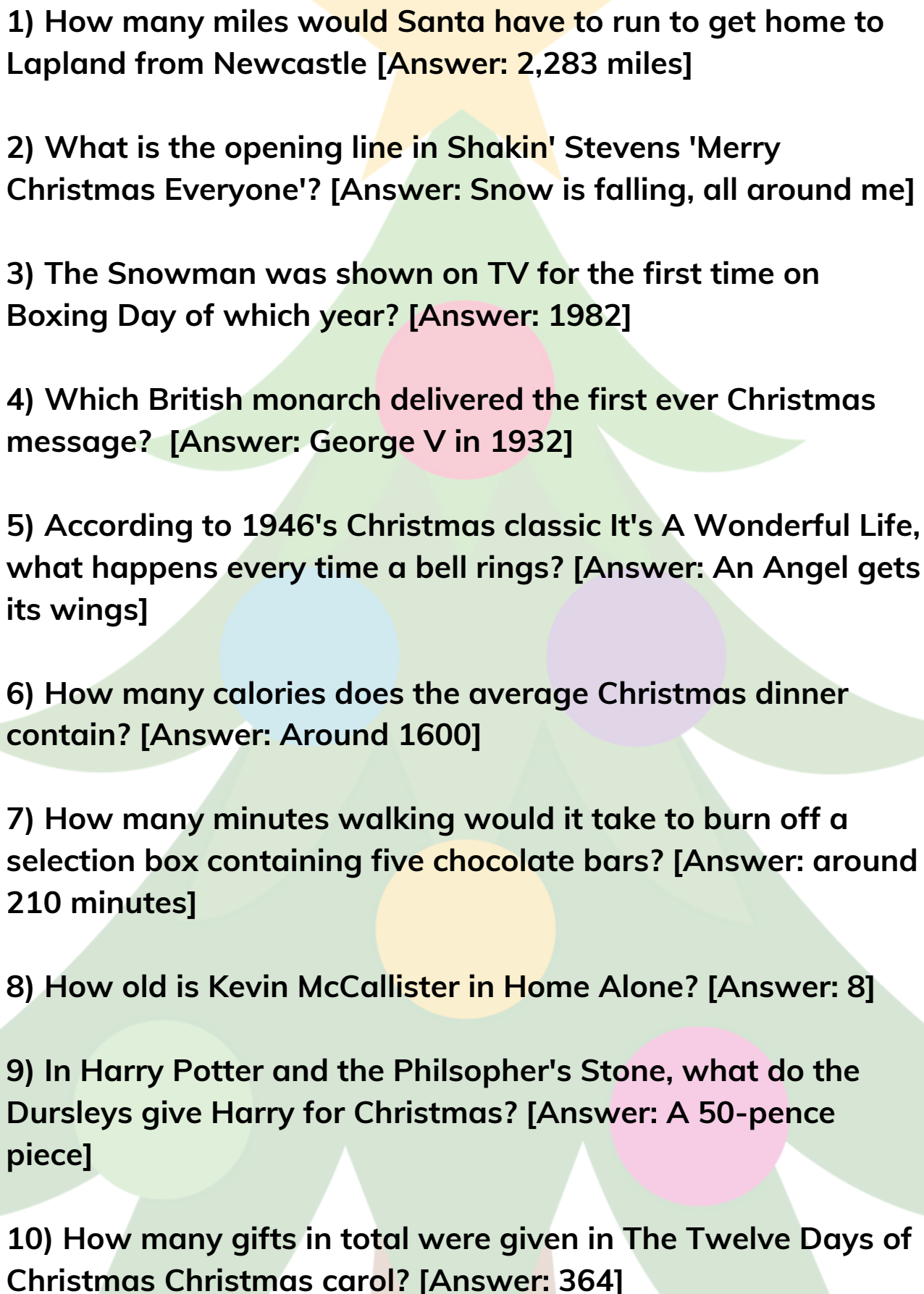


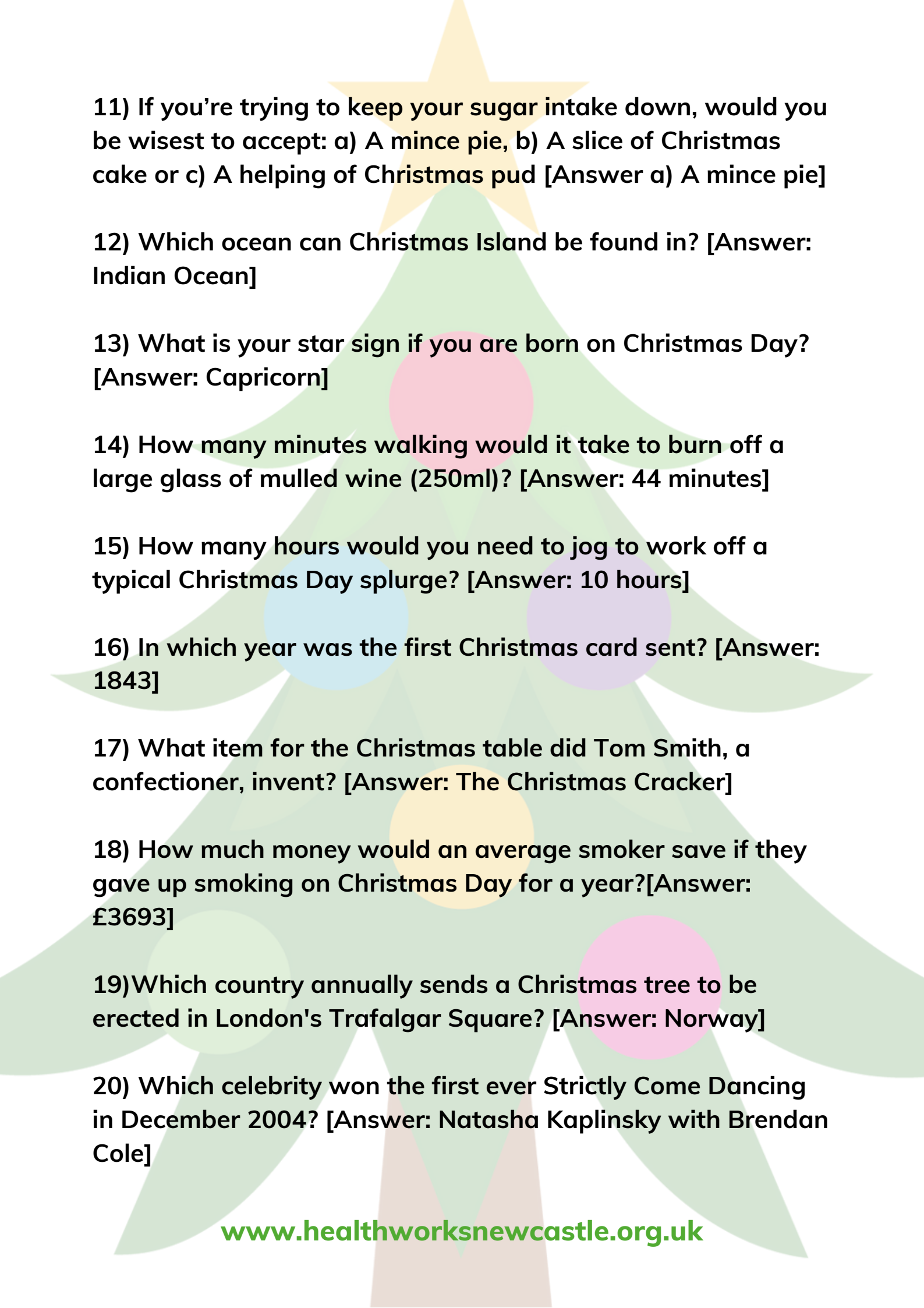
# CHRISTMAS QUIZ

Test your family and friends knowledge  
of all things Christmas!



**Healthworks**  
the community health charity

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- 1) How many miles would Santa have to run to get home to Lapland from Newcastle [Answer: 2,283 miles]
  - 2) What is the opening line in Shakin' Stevens 'Merry Christmas Everyone'? [Answer: Snow is falling, all around me]
  - 3) The Snowman was shown on TV for the first time on Boxing Day of which year? [Answer: 1982]
  - 4) Which British monarch delivered the first ever Christmas message? [Answer: George V in 1932]
  - 5) According to 1946's Christmas classic It's A Wonderful Life, what happens every time a bell rings? [Answer: An Angel gets its wings]
  - 6) How many calories does the average Christmas dinner contain? [Answer: Around 1600]
  - 7) How many minutes walking would it take to burn off a selection box containing five chocolate bars? [Answer: around 210 minutes]
  - 8) How old is Kevin McCallister in Home Alone? [Answer: 8]
  - 9) In Harry Potter and the Philosopher's Stone, what do the Dursleys give Harry for Christmas? [Answer: A 50-pence piece]
  - 10) How many gifts in total were given in The Twelve Days of Christmas Christmas carol? [Answer: 364]



11) If you're trying to keep your sugar intake down, would you be wisest to accept: a) A mince pie, b) A slice of Christmas cake or c) A helping of Christmas pud [Answer a) A mince pie]

12) Which ocean can Christmas Island be found in? [Answer: Indian Ocean]

13) What is your star sign if you are born on Christmas Day? [Answer: Capricorn]

14) How many minutes walking would it take to burn off a large glass of mulled wine (250ml)? [Answer: 44 minutes]

15) How many hours would you need to jog to work off a typical Christmas Day splurge? [Answer: 10 hours]

16) In which year was the first Christmas card sent? [Answer: 1843]

17) What item for the Christmas table did Tom Smith, a confectioner, invent? [Answer: The Christmas Cracker]

18) How much money would an average smoker save if they gave up smoking on Christmas Day for a year? [Answer: £3693]

19) Which country annually sends a Christmas tree to be erected in London's Trafalgar Square? [Answer: Norway]

20) Which celebrity won the first ever Strictly Come Dancing in December 2004? [Answer: Natasha Kaplinsky with Brendan Cole]



21) Which character declares "Merry Christmas, one and all!" in Charles Dickens' A Christmas Carol? [Answer: Tiny Tim]

22) Which Christmas hit originally released in 1984 has been no.1 in the UK charts three times? [Answer: Do They Know it's Christmas]

23) Mariah Carey's iconic Christmas hit All I Want for Christmas officially signals the start of the festive period - but what year was it originally released? [Answer: 1994]

24) What's the name of the giant snow monster that guards Elsa's palace in Frozen? [Answer: Marshmallow]

25) In which Christmas movie does Tom Hanks play 6 of the characters? [Answer: The Polar Express. He plays Hero Boy, Father, Conductor, Hobo, Scrooge and Santa Claus]

27) In which country is it tradition to eat KFC for Christmas dinner? [Answer: Japan]

28) How many of Rudolph's fellow reindeers' names start with 'D'? [Answer: Three - Dancer, Dasher, Donner]

29) How many calories does the average person eat on Christmas Day?

a) 2000 calories, b) 5000 calories, c) 6000 calories  
[Answer: 6000 calories]

30) What are the maximum recommended weekly units of alcohol? [Answer: 14 units - the equivalent of drinking 6 pints of average strength beer or 10 small glasses of low strength wine]