

## FREE FAMILY ACTIVITIES AT HEALTHWORKS

MONDAY

### Family Cook, Play and Learn

9.30 to 11am

Family activity for 0-5 year olds starts 9 May 22

Nunsmoor Centre

### Monday is a Funday

10 to 11.30am

A fun play and learn activity for 0-5 year olds

Health Resource Centre

WEDNESDAY

### Boogie Bairns

10 to 11am

Sensory play session for 0 to 2 year olds

Health Resource Centre

THURSDAY

### Sensory Baby\*

10 to 11.30am

Sensory session for babies up to 12 months old

Health Resource Centre

FRIDAY

### Storytime and Snack

10 to 11am

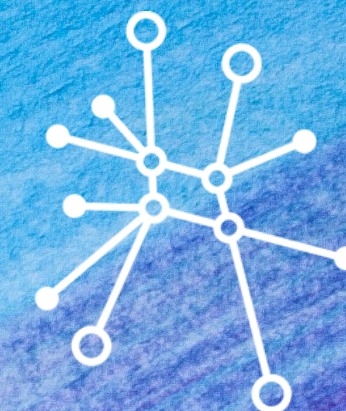
A fun play and learn activity for 0-5 year olds

Health Resource Centre

Please check our What's On page for up to date details of activities.  
Or call us on 0191 272 4244.



\*Please note this activity needs to be booked by texting Christina on 07961734298



**Healthworks**  
the community health charity

[www.healthworksnewcastle.org.uk](http://www.healthworksnewcastle.org.uk)