

Good Luck Kath!

*Thank you for your 22 fantastic
years at Healthworks*



Can you believe that it's 22 years since you joined Healthworks?

What a lot has happened since then, and we wanted to take a
trip down memory lane at some of the things that have
happened in that time....



Healthworks
the community health charity

Let's take a trip down memory lane and your time with Healthworks

2000:

- Creation of HealthWORKS East and West, a network of healthy living centres

2001:

- Citywide rollout of Community Cardiac Rehab
- 5 year funding to launch a Linkwork Programme which employed and trained 10 local people

2006:

- Development of an exercise referral scheme
- Introduction of Community Health Trainers working across Newcastle
- The Lemington Centre became a Children's Centre

2008:

- New onsite kitchen launched to provide basic cooking skills sessions
- Children's outdoor play area for a creche opened
- Community health accredited and non-accredited training developed
- Services start being offered at the Lemington Centre

2009:

- Investors In People Award
- Began managing the Children's Centre work at the Lemington Centre in partnership with Sure Start Outer West
- Exercise Referral service developed at The Lemington Centre

2010:

- Commissioned to deliver Staying Steady falls prevention programme across the City
- Citywide Breastfeeding Peer Support team established

2011:

- Awarded the Glaxo Smith Kline IMPACT Award
- Merged with the Lemington Community Association to manage The Lemington Centre
- Awarded commission to develop and co-ordinate Change 4 Life in West Newcastle

2012:

- Gained Social Enterprise Mark status
- Achieved full status as a City and Guilds Centre
- Introduced Change4Life mini champions in 12 local Primary Schools

2013:

- Worked with partners to achieve UNICEF Community Baby Friendly Status for Newcastle
- Lemington Pre-school registered with Healthworks
- Start of a two year Big Lottery Funded 'Living Well, Taking Control' programme

2014:

- Delivered Community Health Checks pilot across Newcastle
- Professor Sir Michael Marmot become patron of Healthworks

2015:

- Partnered with Northumberland Wildlife Trust on a programme to connect local families with nature on their doorstep
- One of four national agents to deliver 'Ways To Wellness' which supported people with long-term health conditions

2017:

- 'Our Room In The Park' opened in Hodgkin Park to provide activities, courses and events for local children

2018:

- 'Escape Pain' programme pilot launched and then expanded across the City.
- Introduced the 'Steady On' falls prevention exercise programme in partnership with Newcastle City Council, Newcastle Gateshead CCG and the Academic Science Network
- Started to offer Cancer Awareness Sessions in workplaces and community groups
- Initiated Antenatal Support Project for families in the Community Family Hub areas

2019:

- Started to offer free Community Cancer Champion training in Newcastle and Gateshead
- Re-branding and launch of new website to reflect our work across the region

2020:

- Our 25th anniversary year!
- The COVID Pandemic meant we had to change our service delivery model virtually overnight, finding new and innovative ways to engage and support local people.

2021:

- We won the GSK Impact Award 2021 in partnership with The Kings Fund! The awards recognise the outstanding work of small and medium sized charities working to improve health and wellbeing in communities across the UK. It was recognised that despite the pandemic, Healthworks has continued to offer targeted health and wellbeing support to people living in the most disadvantaged parts of the North East
- Once again our service delivery continued to evolve and adapt to life in the "new normal"

March 2022:

The end of an era...we wish you all the very best and want to thank you the role you have played in making Healthworks so successful over the last 22 years!
Good luck and enjoy whatever you choose to do in the future!

Enjoy your retirement Kath!



*Lots of love and best wishes
from us all!*



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